### PARUL INSTITUTE OF AYURVED AND RESEARCH, ISWARPURA

# **SPONSORED PROJECTS COMPLETED**

SL.NO	TITLE OF THE PROJECT	NAME OF THE INVESTIGATORS
1	A Prospective, Interventional, Randomized, Parallel, Double Blind, Placebo Controlled Clinical Study to Evaluate the Efficacy & Safety of Curcumin in Patients With Chronic Joint Pain.	PI: DR PRASANNA MATHAD CO-PI: DR DIVYA B
2	A Prospective, Interventional, Randomized, Parallel, Double Blind, Placebo Controlled Clinical Study to Evaluate the Efficacy & Safety of Curcumin Capsule in Patients With Chronic Bronchitis.	PI: DR NISHA MUNISHWAR CO-PI: DR ANAGHA MATHAD
3	Clinical evaluation of Dabur Chyawanprash (DCP) as a preventive remedy in pandemic of Covid -19 – An Open label, Multi centric, Randomized, Comparative, Prospective, and Interventional Community based clinical study on Healthy Indiduals.	PI: Dr Vaishali Deshapande CO-PI: Dr Nisha Munishwar
4	A Randomized, Double Blind, Placebo Controlled, Comparative Interventional, Multi centric Prospective Clinical Study To Evaluate Efficacy And Safety Of Ayurtis Cap In Patients Suffering From Cervical Spondylitis.	PI: DR VAISHALI DESHAPANDE CO-PI: DR CHANDRAKANT PAWAR
5	"Clinical evaluation of Zandu Chyavanprash as an immunity booster for its preventive effect on infections in pandemic of COVID-19 – An Open Label, Multi centric, Randomized, Comparative, Prospective, Interventional, Community based Clinical study on Healthy individuals."	PI: VAISHALI DESHAPANDE

#### **SPONSORED PROJECTS**

SL.NO	TITELE OF THE PROJECT	NAME OF THE INVESTIGATORS	COMMENCEMENT DATE
1	A Prospective Multicenter Interventional Placebo Controlled Randomized Double Blind Parallel Study To Assess The Efficacy &		Sep 2020 Initiated from Dec 2020
	Safety of INDCA Nasal Spray In Treatment Of Patients With Tension Type Of Headache	CO-PI: DR ESWARI SALIAN	

**SPONSORED PROJECTS from Shree Dhootapapeshwar Ltd.** 

## (Initiated from January 2021)

Sl.no	Title of Project	Name of PI and Co-I
1	A PROSPECTIVE, RANDOMIZED, COMPARATIVE, PARALLEL, 2- ARM STUDY TO EVALUATE	PI – Dr. Divya B.
	THE EFFICACY AND SAFETY OF A MYOSTAAL LINIMENT APPLICATION AS ADD ON THERAPY	Co – I Dr. Chaitali Shah (Physiotherapy College)
	FOR THE REDUCTION OF SPASTICITY IN PATIENTS SUFFERING FROM HEMIPLEGIA	
2	AN OPEN LABELLED PHASE 4 SINGLE GROUP PROOF-OF-CONCEPT STUDY TO EVALUATE THE	PI : Dr. Khemchandra Mahajan
	EFFICACY & SAFETY OF ARSHKEYT, A 7 DAY KIT IN PATIENTS SUFFERING FROM ANAL	Co- I: Dr. Tejas Patel (Sevashram Hospital)
	FISSURES	nospiul)
3	CLINICAL EVALUATION ON THE EFFECT OF ABHRALOHA IN THE MANAGEMENT OF IRON	PI – Dr. Naresh Kore
	DEFICIENCY ANEMIA	Co – I Dr. NishaMunishwar
4	CLINICAL STUDTY TO EVALUATE EFFECT OF MENOCRAMP TABLETS IN THE MANAGEMENT	PI – Dr. Vasanthi T
	OF PRIMARY DYSMENORRHOEA	Co – I Dr. Akansha (Sevashram Hospital)
5	A PROSPECTIVE, RANDOMIZED, COMPARATIVE, PARALLEL, 2-ARM STUDY TO EVALUATE THE	PI – Dr. VaishaliDeshpande
	EFFICACY AND SAFETY OF A MYOSTAAL LINIMENT APPLICATION AS ADDON THERAPY FOR	
	MUSCLE STRENGTHENING IN PATIENTS SUFFERING FROM OSTEOARTHRITIS OF KNEE.	
6	CLINICAL TRIAL ON ROLE OF ASTHIPOSHAKAVATIIN PRE-MENSTRUAL SYNDROME	PI - Dr. Komal Patel

	Co I Dr. Mauli Vaishnav
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# PROJECTS GOT SANCTIONED FROM CENTRE OF RESEARCH FOR DEVELOPMENT (CR4D) (Parul University)- IMR SCHEME

# (completed)

SL.NO	NAMES OF FACULTY	TITTELE OF THE PROJECTS	AMOUNT SANCTIONED
1	DR VAISHALI, DR	AN OPEN LABELLED RANDOMISED COMPARATIVE CLINCAL	50000/-
	JAYASHEELA,	STUDY OF EFFECT OF POOGA PAAKA AND PATHYADI	
	DR BHAVIN, DR ESHWARI,	KASHAYA IN MIGRAINE WITHOUT AURA	
	DR SREEVISHAK,		
	DR SHRUTI.		
2	DR ANITHA H	PHARMACEUTICAL ANALYTICAL AND INTERVENTIONAL	50000/-
	DR AKSHAR KULKARNI	STUDY OF DARVYADI GRANULES IN IRON DEFICIENCY	
	DR NISHA MUNISHWAR	ANEMIA - A PILOT STUDY	
	DR MAULI		
3	DR PRASANTH,DR	QUALITATIVE & QUANTITATIVE COMPARATIVE STUDY ON	40000/-
	SUWARNA	THE EFFICACY OF KUNAPAJALA THERAPY IN CULTIVATION	
	DR BHAVIN	OF ROOTS OF VETIVERIA ZIZINOIDES AS PER SURPALA	
		NIGHANTU	
4	DR B G KULKARNI	AN INTERVENTIONAL STUDY TO ASSESS THE AGUMENTING	30000/-
	DR PRASANNA MATHAD	EFFECT OF BALACHATURBHADRA ARKA IN GRADE I&II	
	DR JIGNA, DR NAVODAY	UNDER NUTRITION IN CHILDREN ATTENDING	
	RAJU	ANGANAWADI	
	DR MANJULA K		
5	DR VASANTI, DR RAKESH	A CONTROL CLINICAL STUDY OF EFFECT OF SAPTACHAKRA	30000/-
	В,	GHANAVATI ANTI-SPASMODIC DYSMENHORRHEA.	
	DR ARCHANA, DR RAMAN		
	SANTRA		

#### **SOIC – SSIP GOVERNMENT OF GUJARAT SPONSORED PROJECTS 2020-21**

SL.NO	TITLE OF PROJECT	NAMES OF STUDENT	NAME OF MENTOR	AMOUNT SANCTIONED
1	Herbal Hair Lotion - An effective remedy for all hair problem	Shaikh tahesin, Pandey Aakanksha, Parmar krupa, Vaghela kajal, Parmar stuti, Sapara foram, Desai maya	Dr Prasanna Mathad	75000/-
2	Herbal analgesic plaster	Dharmendra, Gameti Dhruvi, Patel Janviben, Patel Disha, Deore Rohit, Dave Mit, Dave Manan, Jatwa Pratik	Dr Prasanna Mathad	50000/-
3	Herbal eye liner	Devanshi raval Dixita Abhangi Siddhi boir Jalak pargi	Dr Prasanna Mathad	45000/-
4	Herbal eye drop for CVS&D	Sandigada sagar Sheetal Oza Patel Krish	Dr Prasanna Mathad	42000/-

### M2M - Ayurved

# i-Hub, GOVERNMENT OF GUJARAT SPONSORED STUDENTS PROJECTS

#### 2021-22

SI.	Title of Project	Names of Student	Name of Mentor	Amount Sanctioned
1	Mishi nasal drop for PCOS	Abhi sonani, Komal Vasoya, Vishal Takkar, Meet Patel	Dr Jaysheela	50600/-
2	Gynae kit (Herbal solution for PCOS)	Isha Ahir, Sankruti patel, Khushbu Patel, Apexa Baria	Dr Sarita Ohol	55897/-
3	Medhyasrishti rasayana – herbal solution for ADHD	Drashti Gamit, Srushti patel, Foram kotadiya, Aisharya Patil	Dr Eshwari Salian	56600/-
4	Nano formulation of Vit –D in soft gel capsules (A Nutritional supplement)	Hitashree Prajapati,Zankhan Prajapati, Arshad Zuneza, Sakshi Juneja	Dr Suvarna Meshram	45050/-

5	Ayurvedic	Patel Dhruvin, Milonee Patel,	Dr Vaishali	66500/-
	formulation in	Patel Devanshi	Deshapande	
	effective management			
	of Parkinson disease			